



Suggested Packing Checklist

- Italian/English pocket dictionary
- Dress outfit(s) for church service
- Alarm clock
- Laundry bag (for dirty clothes)
- Plain black t-shirt, plain long sleeve black shirt for mimes (men & women)
- Plain white t-shirt, plain white long sleeve shirt (men only)
(T-shirts must be appropriately worn. No tight-fitting, low-cut or midriffs.)
- Warm clothes
- Winter coat, hat, scarf, mittens/gloves
- Socks
- Slippers
- Laptop computer
- Favorite American snacks
- Correspondence
- MP3 Player
- Index cards (for studying)
- Water bottle (e.g., Nalgene)
- Clothing for about 2 weeks
- Lotion
- Digital camera
- Sneaker(s) (lots of walking)
- Warm blanket/sleeping bag
- Chap stick
- Shower shoes
- Notebooks
- Pens/Pencils
- Folders
- ATM/credit card
- Bible
- Passport w/ additional photocopy
- Bedding and Pillow
- Towel
- Swimsuit (one piece suits)
- Day-pack for weekend trips

Extra Expenses

- Ice cream, cappuccino, pizza, other snack foods
- SBI sweatshirt (20.00 Euro)
- Phone cards (5.00 Euro)
- Laundry (1 Euro)
- Souvenirs
- Internet fee
- Postage (mailing letters/packages)
- Fall/Spring break (travel, food, lodging, souvenirs)
- Weekend activities (10-30 Euro optional)

*Please see the Student Handbook for additional information about requirements and expenses.